

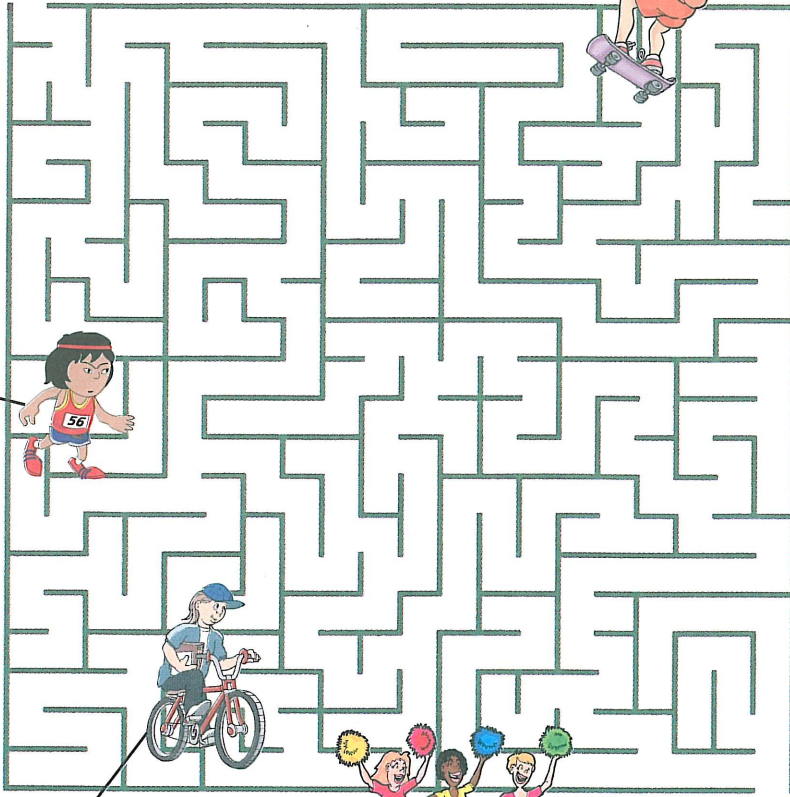


PATH TO GOOD HEALTH!

FRUITS AND VEGETABLES
HELP OUR IMMUNE SYSTEMS



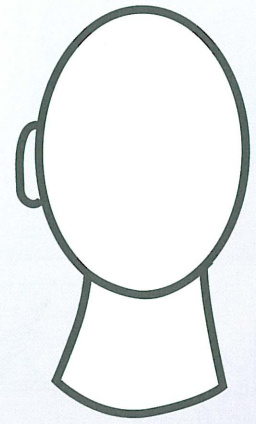
EXERCISE
KEEPS US
IN GOOD
SHAPE!



DRINK
MORE
WATER!

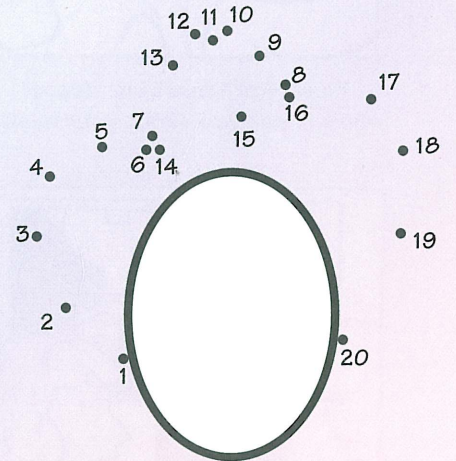
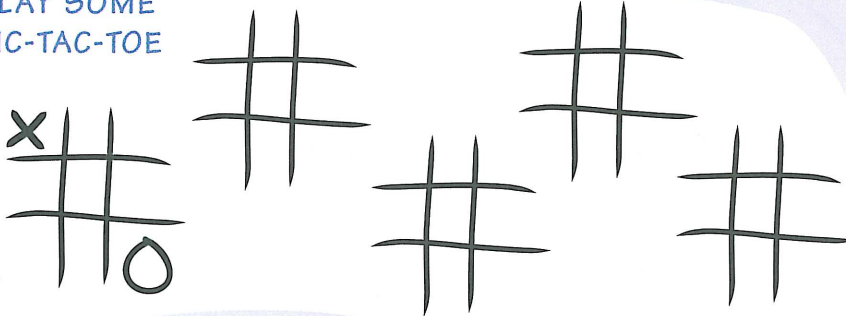
PROTEIN
MAKES US
GROW STRONG

CONGRATULATIONS!
WE'RE ON OUR WAY
TO GOOD HEALTH!

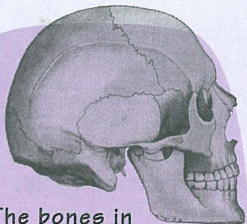


Use your imagination and
complete this head and face.
The first ear has been
added to get you started.

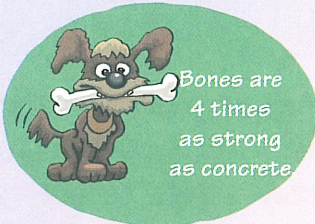
PLAY SOME
TIC-TAC-TOE



Connect the dots
and complete the face.



The bones in
our head are strong
and protect our brain
like a helmet.



Bones are
4 times
as strong
as concrete



Babies are
born with over
300 bones
but adults
have 206 bones!

SUDOKO

Enter one number
ranging from 1 - 9
into each blank
space. Every row
and column
must contain one
of each digit.
So must every
3 x 3 square.

	5	8	1	4		
3		1		5	8	
	8		9	2	1	
	4			1	7	
	9				8	
		6	7		5	
	7	9		6	2	
		5	1		9	6
		8		2	4	3